

Music Practice Challenge

Practicing music takes discipline!

Follow the steps listed below for 30 days in order to create a new habit:

- Practice 7 days a week.
- Practice at the same time every day.
- If you are under age 9, an adult should practice with you during this challenge.
- Have all your music books, weekly assignment, CD's, CD player, pencil and anything else you need, at hand.
- Follow your music assignment in the order given by your teacher, every day.
- Practice slowly! If you play slow and without mistakes, you may continue to the next item on your assignment. If not, you must repeat.
- Keep track of the days you practice and [email me](#) when you have completed the challenge!

Keep track of your practice by making a mark or writing the date in each box.